

NEBOSH International General Certificate in Occupational Health and Safety Examinations & Certification (2019 Specification) Time Table

Introduction:

- The NEBOSH International Certificate provides an excellent reference for all those with management responsibilities for health and safety, wherever in the globe they may be working.
- This specification has the same format & content as the National Certificate but focuses on internationally recognized health & safety standards & priorities (ILO/45001) & best practice in controlling hazards

Tutor: NEBOSH Approved tutor

Resources Available: Name cards, flip chart, Video Projectors, White Board and markers, Laptop and Speakers

WEEK 1:

Day 1:

Time	Element
0800-1100	Introduction & Element 1: Why we should manage workplace health and safety
1100-1115	Break
1115-1315	Element 1: Why we should manage workplace health and safety
1315-1400	Lunch Break
1400-1700	Element 2: How health and safety management systems work and what they look like

Day 2:

Time	Element
0800-1200	Element 3: Managing Risk – Understanding people and processes
1200-1245	Lunch Break
1245-1545	Element 3: Managing Risk – Understanding people and processes
1545-1600	Break
1600-1700	Element 3: Managing Risk – Understanding people and processes

Day 3:

Time	Element
0800-1100	Element 3: Managing Risk – Understanding people and processes
1100-1145	Lunch Break
1145-1545	Element 3: Managing Risk – Understanding people and processes
1545-1645	Lunch Break
1645-1740	Element 3: Managing Risk – Understanding people and processes

Day 4:

Time	Element
0800-1100	Element 4: Health and safety monitoring and measuring
1100-1145	Lunch Break
1145-1545	Element 4: Health and safety monitoring and measuring
1545-1645	Lunch Break
1645-1740	Element 4: Health and safety monitoring and measuring

Day 5:

Time	Element
0800-1100	Element 4: Health and safety monitoring and measuring
1100-1115	Break
1115-1315	Element 4: Health and safety monitoring and measuring
1315-1400	Lunch Break
1400-1700	Element 4: Health and safety monitoring and measuring

WEEK 2:

Day 1:

Time	Element
0800-1100	Element 5: Physical and Psychological health
1100-1115	Break
1115-1315	Element 5: Physical and Psychological health
1315-1400	Lunch Break
1400-1700	Element 5: Physical and Psychological health

Day 2:

Time	Element
0800-1100	Element 6: Musculoskeletal Health
1100-1115	Break
1115-1315	Element 6: Musculoskeletal Health
1315-1400	Lunch Break
1400-1700	Element 7: Chemical and Biological agents

Day 3:

Time	Element
0800-1100	Element 7: Chemical and Biological agents
1100-1115	Break
1115-1315	Element 8: General Workplace issues
1315-1400	Lunch Break
1400-1700	Element 8: General Workplace issues

Day 4:

Time	Element
0800-1100	Element 9: Work equipment
1100-1115	Break
1115-1215	Element 9: Work equipment
1215-1300	Lunch Break
1300-1500	Element 9: Work equipment

Day 5:

Time	Element
0800-1100	Element 10: Fire
1100-1115	Break
1115-1315	Element 11: Electricity
1315-1400	Lunch Break
1400-1645	Element 11: Electricity
1645-1700	Close